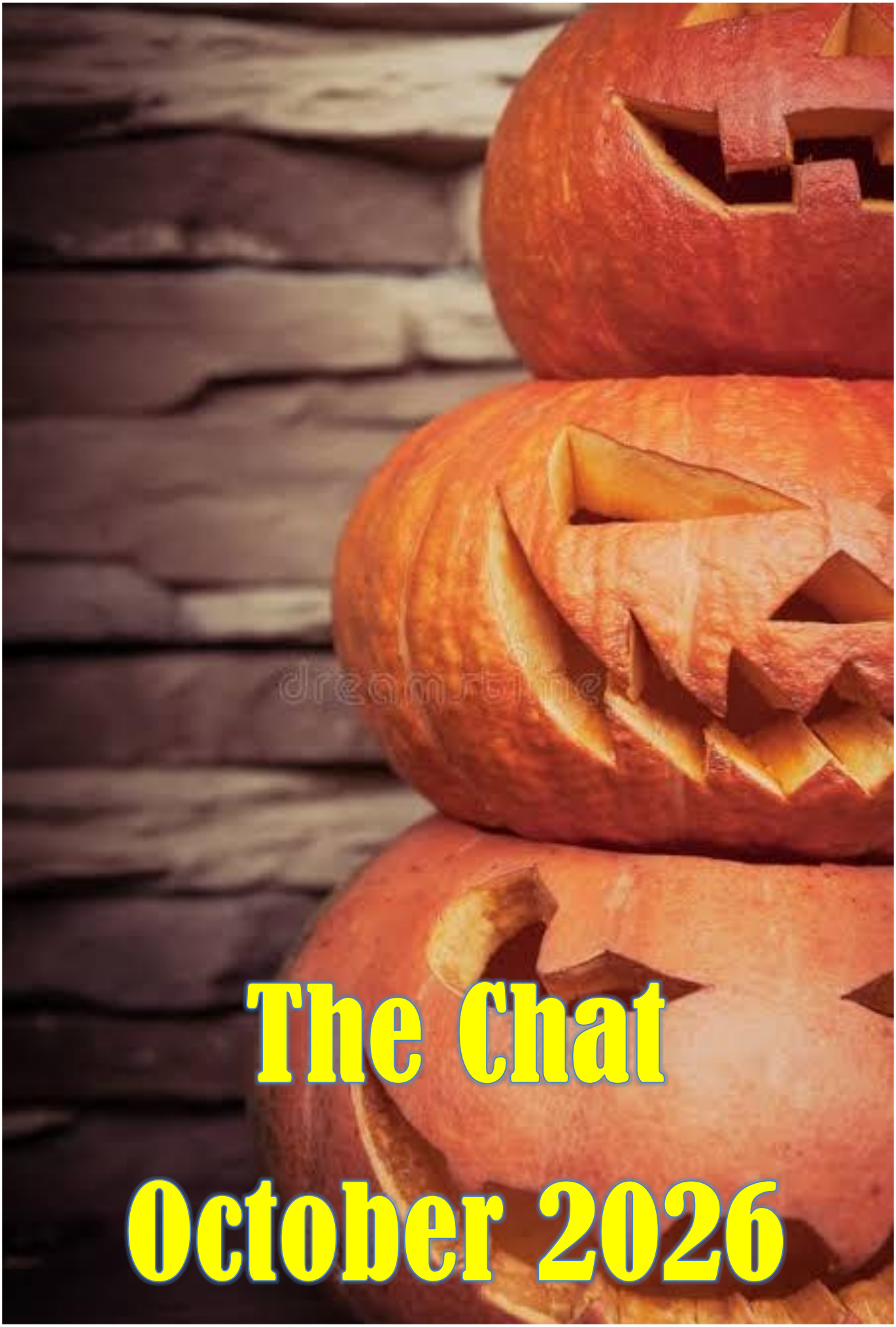

# The Chat

# October 2026

# Reception phone number 9953 9214

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# Welcome

Welcome to your October 2026 edition of The Chat.

This month we have our usual range of regular activities planned, with one or two special events.

More information about our activities can be found further on in this edition of The Chat.

Our restaurant outing this month is going to FlowerPower Glenhaven on Wednesday 21st October. Be sure to book early to avoid disappointment.

Our weekly shopping trip is on Thursdays. This month, we will be including trips to Bridgepoint, Warringah Mall and Chatswood. Schedule included in “This month in the Village”.

Best wishes,

*Darren*

# New Residents

Here's a hearty Bougainvillea welcome to our new residents!

New residents arriving next month

# Birthdays in October

Please come and celebrate with our birthday babies
at our regular birthday party, held
in the Bougainvillea Lounge.

## Thursday 8th October

## 2:30pm

Zodiac is a great way to meet new people and
have some fun. All residents are very welcome.
Light refreshments and cake provided.

# Regular Meetings & Activities at Bougainvillea

**Residents' Committee –** The aim of the residents' committee is to improve the welfare of residents by solving problems and creating interesting activities for residents, and also to ensure harmony exists among our members.

The Committee meets every two months for informal discussions as to how they can contribute to the life of residents.

There is one formal meeting each year, when all residents are welcome to attend. This is to approve the administration budget and to elect new members to the Committee.

The minutes of the last Committee meeting are displayed on the noticeboards in the Lounge and Military Road foyer.

The Committee comprises – Pam Patterson & Georgia Truslove (Co Chairs), Glenda Dowsing (Minutes Secretary), Elizabeth Carter & Valerie Wojtulewicz.

**Aquarobics –** Tanya Misko the Physiotherapist's aquarobics classes are dependent on the weather due to the change in season, so when the weather permits, classes are held on Wednesday mornings at 10am.

The cost per class is $15 and is covered by DVA and Private Health Funds. You will need a referral from your doctor. **If you would like to join the classes, please call Tanya on 0413 308 019 as places are very limited.**

**Bingo –** Bingo is played **every Monday night at 7:30pm** in the card room. However, we need at least 6 people or it can't go ahead. So, come and get a fun cognitive work out and help us keep it going. Come along and join in the fun!

**Birthday Afternoon Tea –** Come to the lounge on the **second Thursday of the month at 2:30pm** for our Zodiac themed afternoon tea. Afternoon tea is complimentary, and all residents are encouraged to join in and get to know each other. This is a great opportunity for new residents.

**Bougainvillea Book Club –** A Club for readers who are interested in meeting monthly to discuss and share ideas about books. Meetings are held in the Card Room at **2pm on the third Thursday of the month**. All residents welcome!

**Bougainvillea Singers –** We sing songs **every Thursday at 4pm** that you are fairly certain to know – songs from our past. We will be learning a new song on most of our singing days, so that we have a greater variety to sing. It's a lovely experience singing with other people – come and try it if you have not yet done so. We will be very happy to see you. Please ring Julie Anne Phillips on 9904 1221 for more information.

**Bridge Group –** Wanting to play your favourite card game Bridge? Come along and put your name down in the Bridge Group book found in the card room. **Wednesday 2pm or Saturday 2pm or both days.** All games played in the Card Room. For further information contact Pam Patterson on 0414 369 186.

**Church Service –** St Peter's Anglican Church holds a service on the **second Sunday of the month at 2:30pm** in the Craft Room. For more information contact Susan Upton on 0417 047 243.

**Discussion Group (Have your say) –** the Discussion Group will meet in the Card room on the second Monday of the month, at 3:30pm. For more information contact Elaine Burston on 0413 887 400.

**Exercise Classes –** Tanya Misko the Physiotherapist runs exercise classes every **Tuesday at 10:00 and 11:15am** on Level 1 near the TV room.
The cost per class is $15 and is covered by DVA and Private Health Funds. You will need a referral from your doctor. If you would like to join the classes, please call Tanya on 0413 308 019.

**Friday night Movie –** Showing a curated selection of movies of merit from every genre at 7:30pm, in the Waters Rd Level 1 TV lounge. Check the Chat and the management notice board each week to find out the movie of the week. Chocolates provided and suggestions are welcomed by Jana Broderick on 0421 020 583.

**Happy Hour – Saturday evenings at 4:30pm** join other residents in the lounge or on the terrace for Happy Hour. BYO, your choice of beverages and snacks and spend some time to have a chat.

**The Knitting Club –** Meeting **every Friday afternoon at 2:00pm** in the craft room. Currently we are knitting squares to make and donate rugs for the Far West Children's Home for underprivileged kids. Patterns, wool and needles are provided. Wool donations are gratefully received. Join in the fun and donate your time & friendship. Enjoy a cup of tea or coffee afterwards. For more information contact Joy Farr on 0417 156 832.

**Meditation –** Learn to do meditation. Meditation practice has been shown to reduce stress, anxiety and depression. It also improves sleep quality, boosts mood and enhances cognitive function. A FREE class to help you learn and do meditation is available **every Thursday from 6:30 to 7:30pm** in the Craft room. For more information contact Surinder Jain on 0451 308 800.

**'Men's lunch' meetings –** 'Man-lunch' meetings are back on the terrace or in the TV lounge, at 1pm, on the first Tuesday of the month. A simple lunch, drinks, conversation and some healthy banter can be enjoyed. All Bougainvillea chaps are very welcome and all that is asked is that everyone chips in $10 towards food / drinks.
**Next meeting: Tuesday 6th October**

**Rummikub Group –** Why not join your fellow residents in a game of Rummikub – plus there are various other games available **every Tuesday afternoon at 2:00pm.** Everyone is welcome and for more information please contact Elaine Burston on 0413 887 400.

**Scrabble Group –** The scrabble group meets **every Wednesday and Sunday at 2:00pm** in the Card Room or Lounge. Enjoy some company while you keep your brain active.

**Shopping Bus –** the Village bus departs from Waters Road entrance **every Thursday. Departure time and destination as follows;**

- Thursday 1st October – Bridgepoint, departs at 9:30am and picks up at 12:00pm
- Thursday 8th October – Warringah Mall, departs at 9:30am, picks up at 12:00pm
- Thursday 15th October – Chatswood, departs at 9:30am and picks up at 12:00pm
- Thursday 22nd October – Bridgepoint, departs at 1:30pm and picks up at 4:00pm
- Thursday 29th October – Warringah Mall, departs at 9:30am, picks up at 12:00pm

The trip is free of charge to residents, and you will be dropped off and picked up at a convenient location at the mall. Meet at the drop off point for your return trip to the village. On Strata Meeting days, the bus will leave for Bridgepoint at 1:30pm and will return to collect residents from the usual place at 4pm. So, for hassle free shopping once a week, don't miss the bus!

**Shuffle Board –** The Shuffleboard group plays **every Friday from 10.30 - 11.30am**, in the library. The Monthly Singles Challenge will take place on the last Friday of the month. Spectators are welcome.
For more information contact Wendy Balbi on 0430 169 330 or Joy Farr on 0417 156 832. Come and give your competitive spirit a whirl.

**Snooker – 2pm every Thursday** in the Billiard Room. Beginners and spectators' welcome. For more information contact Rodney Arnold on 9938 4703.

**Yoga Classes –** Natasha will be running a yoga class **every Wednesday at 4pm** on Level 1 near the TV room.
The cost per class is $20 and if you would like to join, please call Natasha on 0407 221 857.

# Village Lifestyle Notes

**Meal Bookings & Cancellations**
If you wish to dine in the Village Restaurant or have a takeaway meal, for all bookings, cancellations or other requests please notify us a minimum of 24 hours in advance Monday – Friday.

Please make all restaurant bookings, cancellations, alternative meal arrangements and other requests with Sue on Reception only.

Bookings and requests for Saturday & Sundays are to be made with reception only, and no later than 1:30pm on Friday.

Due to circumstances beyond our control, there may be occasions when the advertised menu has to be changed slightly. We will endeavour to keep any changes to an absolute minimum.

**Dining Room meal times**
In the Dining Room, lunch is served at 12:30pm and dinner at 6:00pm.

**Take away meals**
Take away lunch, salads and sandwiches may be picked up after 12:30pm. Take away dinner can be collected from the kitchen at 6:30pm.

**Meal deliveries**
All deliveries will be delivered from 5:00pm. Unfortunately, special times cannot be requested for deliveries.

**Plate return**
We request that plates are not left around the Village. Please return plates to the coffee table closest to the kitchen door in reception.

**Tea & Coffee after dinner**
Will be available in the lounge coffee bar area, this allows staff to reset the tables for the next dining session.

**Dining Room Seating**
Please be advised that staff will ultimately allocate seating in the dining room, however if you have a special request please advise reception and we will try to accommodate.

**Payment of all accounts**
Payments of all accounts may be made at reception from **Monday to Friday only** and between the hours of **8:00am - 4:00pm** with Sue only.
IMPORTANT: Please do not make account payments to staff on weekends.

**Bougainvillea Garden Maintenance**
Bougainvillea have Village gardening contactors who take care of all aspects of our gardens. Please let staff know at reception if you notice anything that requires attention in the garden or if you would like some private gardening done.

**Night Security & Village Doors**
Night-staff lock or close certain common property doors before they go off duty at 9:00pm to the unit 21 staff room. This is done for security reasons, and it would be appreciated if all doors remain locked or closed until our staff re-opens them at 7:00am in the morning. Should you need to move

through the village after 9:00pm please leave doors as you found them & remember to take your proximity key with you.

**Fish Pond**
Residents and their guests are reminded to please **not** feed the fish. Overfeeding does more harm than good!

**Pool opening hours**
The pool is open from 7:00am – 9:00pm every day. Family members are permitted to use the pool and spa although the resident must be in attendance.

**Workplace Health & Safety/Emergency Call**
Due to Workplace Health and Safety regulations, Management requests that residents do not unplug or plug in any appliances throughout the village common areas. If you are unsure, please ask for assistance from the staff member on duty. We also have our emergency call aerials plugged into various outlets throughout the Village and if they are accidentally unplugged it could result in a very serious medical situation.

**Fire Safety and Procedures**
Don't panic, the procedures are simple!

If there is a fire in your unit - Come out and close the door behind you.

If the fire is **not** in your unit - Close the door, stay inside, wait and listen for instructions.

**All units are equipped with a fire safety door.**

In the event that evacuation is required – Instructions will be given by the Fire Brigade, who will conduct the evacuation and direct staff to assist you. Evacuation plans are in place and the Fire Brigade and staff are aware of the residents who may require special assistance.

**Smoke Detectors**
The smoke detectors in our units are sensitive to heat and smoke; this is a requirement of the Fire Safety Certifiers. Being cautious whilst cooking and ensuring your exhaust fan is on can help prevent false alarms. Making sure your toaster is not set too high to avoid burning the toast will also help. If your smoke detector happens to be triggered staff will attend promptly and if it is a false alarm between 7am and 8pm, will try to clear the smoke and prevent an unnecessary and costly fire brigade attendance. If the false alarm is between 8pm and 7am the fire brigade will automatically attend and will charge accordingly.

A fee of approx. $1776 will be charged, by NSW Fire if your actions trigger a false alarm, causing the fire brigade to attend. NSW Fire's charge will be charged to your levy account. The Village staff are notified of all potential fires via the Emergency Call pagers, sounders outside the Village lifts and at the main fire panel at reception.

If the fire alarm in your unit is **falsely** activated by cooking, burned toast, etc. **do not open your door to the internal common areas.** Instead, open doors or windows that ventilate to your outside / balcony area and wait for a member of staff to assist in clearing the smoke from your room.

**Comments and Suggestions**
We welcome any comments or suggestions from residents. A form is provided on the last page of each month's Chat and you can submit these forms in the box located on the left as you enter the Lounge.

**Cleaning & Laundry Services**

Did you know you can have your cleaning and laundry done for you here, at Bougainvillea? Cleaning is $35 for up to an hour. The general service provided includes:

- Wipe down of kitchen benches and doors
- Cleaning of toilet, vanity and shower
- Mopping of all hard floor surfaces
- Vacuuming of carpets
- Cleaning of balcony

The fee for laundry is $20 or $25 if you require staff to make your bed as well. Your items are returned folded the same day. The linen service includes the laundering of:

- 2 x sheets
- 2 x pillowcases
- 2 x towels
- hand towels
- face washers
- 2 x tea towels

These services are available Monday – Friday, and may be arranged on a weekly, fortnightly or monthly cycle. For any enquires ask Sue at reception.

**Ironing service**

The cost of this is the same as our cleaning service. For further details of the service please see Sue at Reception.

**Garbage Room Etiquette**

The garbage rooms are for the use of residents only. They are not to be used by tradespeople.

- Place general rubbish into a tied bag and dispose of down the chute
- Do not put general rubbish (food items, etc.) into the recycling bin
- Place recycling neatly into the bin provided
- Do not leave rubbish items on the floor
- If you have larger items of recycling (including cardboard cartons or boxes) or if the recycling bin is full, please contact reception
- Show consideration for fellow residents.

**Acceptable items include**: plastic drink bottles, milk cartons, newspaper, writing paper, tin cans (washed), envelopes, cardboard, cans, alcohol bottles (washed), yoghurt containers (washed)

**Unacceptable items include**: food, pillows, paint, coat hangers, spray cans, packing, Styrofoam, plant or vegetable matter, linen & clothes, electrical items, batteries, crockery, pots & pans, personal hygiene products.

**Replacement main entrance access keys or car park access buttons**

Please take care of your access keys. In order to replace any broken or lost access keys for the 'keyless' main entry system, the following costs will be incurred:
Main entrance access keys are $20 each, to replace.
Carpark access remote controllers are $90 each, to replace.
Replacement batteries for the remote controllers are available at reception at a cost of $5 each.

## Common Area Emergency Button locations

| | |
|---|---|
| **Wtrs Rd Entry** | In Waters Rd entrance, between the lift and front door |
| **Main Lounge** | As you walk in the lounge main doors, on the left, opposite the large round table |
| **Gym** | Inside Gym, next to the door |
| **Dining Rm** | As you walk in the lounge main doors, on the right, next to the swing door to the kitchen |
| **M Wtrs Rd wc** | Corridor from reception to loading dock - male toilet |
| **F Wtrs Rd wc** | Corridor from reception to loading dock - female toilet |
| **D Wtrs Rd wc** | Corridor from reception to loading dock - disabled toilet |
| **M change Rm** | Male pool changing room, next to the shower door |
| **F change Rm** | Female pool changing room, next to the shower door |
| **Fire Strs Wtrs Rd** | Waters Rd fire stairs, between level 2 and level 3 |
| **Library** | In library, next to Unit 19 door |
| **L1 TV Rm** | In small TV room, outside the kitchenette door |
| **L1 Laundry** | Waters Rd level 1 resident's laundry |
| **L2 Wtrs Rd Shower** | Waters Rd level 2, in the toilet/shower, next to Unit 50 |
| **L2 Wtrs Rd Laundry** | Waters Rd level 2 resident's laundry |
| **L3 Wtrs Rd Spa** | Waters Rd level 3, main resident's bathroom |
| **L1 Atrium Strlift** | Waters Rd atrium level 1, at the bottom of the stair lift |
| **L2 Atrium Strlift** | Waters Rd atrium level 2, at the bottom of the stair lift |
| **PW corridor** | Passway corridor, outside the craft room |
| **PW Fire strs top** | Passway corridor, at the top of the fire stairs, coming from P1 car park |
| **Card Rm** | In card room, next to the door going to the lounge |
| **Billiard Rm** | In billiard room,next to the door |
| **Craft Rm** | In craft room, next to the door |
| **Pool (W)** | Opposite the outside spa pool, next to the Life Ring |
| **M PW wc** | Passway corridor, inside the male toilet, next to the toilet door |
| **F PW wc** | Passway corridor, inside the female toilet, next to the toilet door |
| **D PW wc** | Passway corridor, inside the disabled toilet, next to the toilet door |
| **Lvl B Mil Rd Strs** | At the bottom of the stairs, opposite the lift on B level - Military Rd |
| **Mil Rd Entry** | Military Rd entrance, opposite Unit 89 door |
| **Terrace Wtrs Rd side (W)** | On the terrace, on the pole, between the BBQ and small TV room |
| **Terrace Mil Rd side (W)** | On the terrace, on the pole, next to the hairdresser's window |
| **Hairdressers** | Inside hairdresser's room, next to the door |
| **Garden bench (W)** | In the main garden, on the planter box next to the curvy garden bench |
| **Res Garden (W)** | In the far corner of the main garden, on the side of the raised garden bed |
| **Wtrs Rd Lift** | Emergency call button in lift (to cancel go to lift room on level 3, Waters Rd) |
| **Mil Rd Lift** | Emergency call button in lift (to cancel go to lift room on level 3, Military Rd) |
| **Visitor parking P2** | In visitor's parking, next to the fire stairs door |
| **P2 near lift** | In P2 car park, next to lift door |
| **P2 stairs** | In P2 car park, at the bottom of the fire stairs leading from passway corridor to P2 |

# Notes and Reminders

- **Residents are reminded that it is advisable to take your keys with you if you go to hospital in case you return after hours.**
- **A restaurant reminder is that if you don't like the meal on the menu an alternative can be ordered, although please give 24 hours' notice. Fresh fruit salad is always available as an alternative to dessert with 24 hours' notice.**
- **Our hairdresser, the lovely Tara, is available for bookings on Thursdays. Reservations can be made through reception.**
- **When using the Library, please remember to return books to the correct alphabetical position or to the shelf marked "return books here".**
- **Due to lack of space, it is regretted that donations of books can no longer be accepted for the library.**
- **A simple way to remember when your Emergency Call should be used is: if you need urgent help in your apartment press the button on your Emergency Call pendant. A member of staff will attend your apartment within a few minutes. Alternatively, if you need urgent help when you are in the Village, but you are not in your apartment, there are Emergency Call wall buttons located in various common area locations. If you would like information or non-urgent assistance, please telephone reception on 9953 9214. Please note that your Emergency Call pendants are waterproof and are completely safe to wear in the shower.**
- **Please let's all be aware of pedestrian safety around the village. Please do not leave walkers or scooters in places that may cause difficulty or obstruction to others. We ask that scooters are not driven at more than a walking pace when in the Village.**
- **Residents with car spaces are reminded that it is not permitted to sub lease your car space to anyone other than fellow residents.**
- **Your birthday restaurant vouchers are now valid for lunch or dinner.**
- **Please double bag your rubbish. The carpet is being ruined by dripping rubbish bags.**

- **Unit front doors – please be aware that all units' front doors are fire doors and as such form a significant part of the fire safety measures at Bougainvillea. Please do not 'wedge' or 'prop' your Unit door open as it adversely affects the fire safety of yourself and everyone else in the Village. It is also a breach of Fire Safety regulations.**

- **First aid – please be aware that all Bougainvillea PCA staff are trained First Aiders. Bougainvillea maintains a variety of dressings, etc for First Aid requirements. First Aid is freely available and dressings / First Aid consumables are available at cost.**

- **Washing on balconies – please be reminded that Village By-Law 9 (a) (ii) states that residents must not hang washing, towels, bedding, clothing or other article on any balcony or other part of their premises which may be visible from the outside.**

- **Candles – Please be aware that burning incense candles that are not near to your fire detector is considered by our Fire system engineer to be a low risk of causing a false alarm. However, it is recommended that it is only done, if at all, only while the Fire system is in day mode (7am-8pm). This way if it does trigger a false alarm we will have a chance to avert a false alarm Fire Brigade attendance. While the system is in night mode (8pm-7am) all false alarms result in a Fire Brigade attendance and a charge of approx. $1776 to the responsible person.**

- **There are Emergency call buttons in the main garden by the wooden garden bench and on the raised garden bed in the gardening group's garden.**

# Public Transport Neutral Bay 2026

## AS AT JANUARY 2026

**To FERRY for CIRCULAR QUAY:** Bus 225 from Wycombe Road (East Side) to Neutral Bay Wharf. Ferries run half-hourly weekdays, hourly on weekends.

**To QUEEN VICTORIA BUILDING:** Bus 100 – Loop Service from Taronga Zoo every 10 minutes across the day. (Early morning, late night every 20 minutes).

**To WYNYARD:** Frequent services from Military Road (South Side).

**To ROYAL NORTH SHORE HOSPITAL (RNSH):** Bus 114 Loop service from Balmoral - via St. Leonards approximately every 20 minutes - returns to Balmoral.

**To CHATSWOOD STATION:** Bus 144 via St Leonards approximately every 10 – 20 minutes.

**To MANLY:** Bus 144 from Chatswood Station via St Leonards approximately every 10 – 20 minutes.

**To MONA VALE:** Bus B1 (double-decker) every 10 minutes from Military Road (North Side) adjacent to The Grove Arcade. (Late night service every 30 minutes – 24 hours, 7 days a week).

**NORTHERN BEACHES etc:** Frequent Services stop at Bougainvillea Military Road door.

**To MILSONS POINT:** Bus 230 via North Sydney - approx. every 30 minutes (from Mosman Bay Wharf).

**RETURNING SERVICES:** Most buses (not B1) stop at Bougainvillea Military Road entrance. (Check with driver before Neutral Bay Junction Bus-Stop).

**For Further Information:** Phone 131500 - 6:00 am – 10:pm daily

# Outings & Events

# Play Bingo!

Monday Nights 7:30 – 8:30pm in the Card Room

Everyone is welcome.

Give your cognitive skills a fun workout.

Win a chance in the big scratchie prize money!

Entry fee $4 (please no silver coins)

# FRIDAY NIGHT MOVIES

SHOWING A CURATED SELECTION OF MOVIES OF MERIT FROM EVERY GENRE AT 7:30PM,
IN THE WATERS RD LEVEL 1 TV LOUNGE. CHOCOLATES PROVIDED AND SUGGESTIONS WELCOME!

## 2ND OCTOBER – DON'T WORRY DARLING

## 9TH OCTOBER – THE LAST EMPEROR

## 16TH OCTOBER – BILLY ELLIOT

## 23RD OCTOBER – MASTER & COMMANDER

## 30TH OCTOBER – DR STRANGELOVE

## FOR INFORMATION OR SUGGESTIONS, CALL JANA ON 0421 020 583

# REDLANDS EDIT

## OCTOBER 2026

### Minute Game: TWO TRUTHS AND A LIE

Can you spot the fake fact? - two are true and one is completely made up

THIS MONTH:

1. Octopuses have three hearts.
2. Bananas grow on trees.
3. A group of flamingos is called a flamboyance.

Which one is the lie?

### TRIVIA:

- What is the largest planet in our solar system?
- How many continents are there in the world?
- What is the capital of New Zealand?
- Which animal is known as the largest animal on Earth?
- What is the most spoken language in the world by native speakers?
- Which country invented pizza?
- How many colours are traditionally in a rainbow?
- What is the hardest natural substance on Earth?
- Which famous singer released the album 1989?
- What is the tallest mountain above sea level in the world?

### RIDDLE CORNER

- What has hands but cannot clap?
- What gets wetter the more it dries?
- What has many keys but cannot open a single door?
- What has a neck but no head?
- What goes up but never comes back down?
- What month of the year has 28 days?

### Key Facts about October:

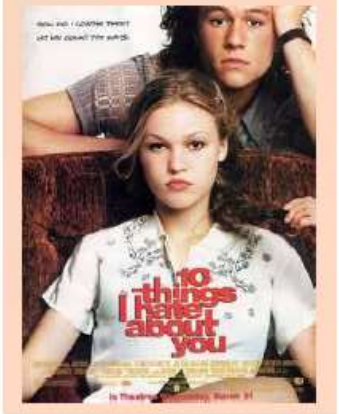
- October comes from the Latin word "octo," meaning eight, because it was originally the eighth month of the Roman calendar
- October's birthstones are opal and tourmaline
- Its birth flowers are the marigold and cosmos
- The zodiac signs are Libra and Scorpio

**THIS OR THAT?**
**Circle your choice and compare with your friends!**

Beach or Pool
Summer or Winter
Sweet or Salty
Sunrise or Sunset
Going out or Staying in
Online shopping or In-store shopping
Early bird or Night owl
Coffee or Matcha
Gold or Silver

### WATCH OF THE MONTH: 10 Things I Hate About You

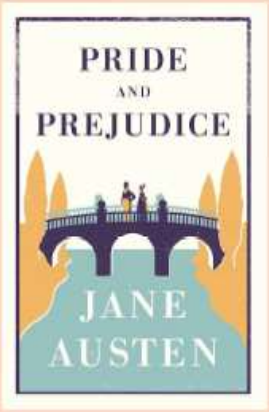
10 Things I Hate About You is a classic teen rom-com loosely inspired by Shakespeare's The Taming of the Shrew. Set in an American high school, it follows sisters Kat and Bianca as friendships, dating and family rules become increasingly complicated
**Editors' rating: 10/10**




### Redlands Christmas Concert!

**24th November from 2pm – 3pm in the Lounge.**

### FEATURE BOOK FOR OCTOBER!




*Pride and Prejudice by Jane Austen is a classic 1813 romantic novel about Elizabeth Bennet, a smart young woman who learns to look past first impressions and social pride. Filled with humour, romance and memorable characters, the novel explores love, family and the expectations of society.*

### Monthly News Story

On August 9th a heartwarming story emerged of a ten year old girl named Scarlett Smith who helped rescue a stranded juvenile humpback whale on K'gari beach (formally fraser island). While jetskiing with her mother she discovered a dehydrated, vocal whale stuck in shallow water. Scarlett bravely jumped in the water splashing water on the whale to keep it's skin hydrated. When the tide rose the whale was freed, Scarlet and her mother thus saving the day!

ANSWERS
Two Truths and a Lie: Bananas grow on trees, Bananas actually grow on giant herbs
Trivia:
1.Jupiter - 2. Seven - 3. Wellington - 4. Blue whale - 5. Mandarin Chinese - 6. Italy - 7. Seven - 8. Diamond - 9. Taylor Swift - 10. Mount Everest
Riddles: 1. A clock - 2. A towel - 3. A piano - 4. A bottle - 5. Your age - 6. All of them

# The Bougainvillea Singers

You don't have to be Doris Day or Mario Lanza to join the Bougainvillea Singers! The group normally meets on Thursdays at 4:00pm in the Lounge Room and all song words are provided. Come along and enjoy having a singalong with your fellow residents!

Come along and sing with us on Thursday afternoons at 4.00pm. We sing songs that you are fairly certain to know – songs from our past. We will be learning a new song on most of our singing days, so that we have a greater variety to sing. It's a lovely experience singing with other people – come and try it if you have not yet done so. We will be very happy to see you.

## 4:00pm every Thursday

# Meditation

Learn to do meditation. Meditation practice has been shown to reduce stress, anxiety and depression. It also improves sleep quality, boosts mood and enhances cognitive function. A FREE class to help you learn and do meditation is available every Thursday from 6:30 to 7:30pm in the Craft room.

Meditation classes will be conducted by trained teachers from Heartfulness Institute. Our teachers Kimberely and Vishnu have been conducting such classes in Sydney. The classes are free to attend. A donation box will be available for those who would like to donate but all are welcome whether you wish to donate or not. For more information please contact Surinder Jain on 0451 308 800

## The Craft Room

## 6:30 – 7:30pm every Thursday

# Fancy a trip to the beach?

This month we will have an unaccompanied trip to Balmoral Beach. The Village Bus will depart Bougainvillea at 11am and pick up from the beach at 2pm or an earlier time voted upon by those on the bus.

## Monday 12th October
## Bus departs 11am

# What's making headlines

P.M.'s visit to U.S.A.

Our Planet: War and Climate Change.

Declining Birth Rates.

Students' One Nation protest.

New Land Development Laws.

Increasing DV and Murder.

Future of British Monarchy.

Do come and join us

**Monday 12th October at 3:30pm in the Card Room**

# flowerpower

## Glenhaven

The largest of FlowerPower's garden centres on a site spanning 11 acres, Flower Power Glenhaven is a must-visit for any Sydneysider. Opened in 1983, this expansive centre is the epitome of the Flower Power experience, providing not just Sydney's largest range of pots and plants in one place alongside a stunning home and giftware store and a tranquil ornamental lake.

Enjoy lunch at the on-site café and stock up on gardening supplies.

**Wednesday 21st October**

**Bus departs 11:30am**

**Trip cost $22**

# TRIVIA Night

## Wednesday 28th October

## 7pm in the Lounge

Fancy a mid-week work out of the brain or just an evening of fun and socialising? Come and join us at our next Trivia Night.

The cost to enter is $5 per person (no silver coins please), with all proceeds going towards drinks, nibbles and prizes for the evening. Please book at reception as places are limited!

**Tuesday 3rd November**

Barbeque on the Terrace from 1pm

Sweeps & Hat Parade followed by watching the race on TV in the Level 1 Lounge

Come and join the party for the race that stops a nation!

Cost: $30

Barbeque Lunch & Pavlova, Tea & Coffee

Bubbles on arrival

Sweeps available from reception after 10am on the day.

Please book your place with Sue at Reception

# Meals at Bougainvillea

As a reminder booking into the restaurant is not the only way to enjoy good value meals, freshly cooked by our chefs at Bougainvillea. Meals can also be ordered as a take-away and can be collected from the kitchen directly or if you'd prefer for a small extra charge, meals can be delivered to your apartment by our staff. Please see a full list of prices on page 41.

Due to circumstances beyond our control, there may be occasions when the advertised menu has to be changed slightly. We will endeavour to keep any changes to an absolute minimum.

# October in the Village

| **Men's Lunch meeting** | **Tuesday 6th October**<br>**1pm on the Terrace or in the TV lounge** |
|---|---|
| Men's lunch meetings take place on the terrace or in the TV lounge, at 1pm on the first Tuesday of each month. As usual a simple lunch, drinks, good conversation, some healthy banter and a few laughs can be enjoyed. All Bougainvillea chaps are very welcome and all that is asked is that everyone chips in $10 towards the drinks. | |
| **Bus to Balmoral Beach** | **Monday 12th October**<br>**Bus departs 11:00am** |
| This month we are restarting our unaccompanied trip to Balmoral Beach. The Village Bus will depart at 11am and pick up from the beach at a time chosen by the group no later than 2pm. | |
| **Discussion Group** | **Monday 12th October**<br>**3:30pm in the Card Room** |
| Everyone is welcome to join our lively mixed topic discussion | |
| **Outing to FlowerPower Glenhaven** | **Wednesday 21st October**<br>**Bus departs 11:30am** |
| Our outing this month is to FlowerPower Glenhaven, where you will have time to shop for gardening supplies, enjoy their beautiful gardens and have some lunch. As numbers are strictly limited, be sure to book early to avoid disappointment. | |
| **Trivia Night** | **Wednesday 28th October**<br>**7:00pm in the Lounge** |
| Sign up at reception ASAP and join us for a fun night of trivia. | |

# Giggle for the Month

**1. The Hiccup Cure**

A man walks into a pharmacy and asks the assistant if she can give him something for the hiccups.

The assistant promptly reaches out and slaps the man hard across the face.

"What did you do that for?!" the man yells, holding his cheek.

"Well, you don't have the hiccups anymore, do you?" says the assistant calmly.

The man rubs his face and replies, "No, but my wife in the car still does!"

**2. The Heavenly Vehicles**

Three men die and arrive at the pearly gates. God tells them, "Your vehicle in heaven is determined by how well you treated your wife on Earth."

The first man says, "I was entirely faithful and never cheated on my wife once." God nods and rewards him with a shiny new Lamborghini.

The second man says, "I strayed once or twice." God gives him a modest used sedan.

The third man admits, "I cheated on my wife a lot." God sighs and hands him a basic bicycle.

A week later, the second and third men pass the first man parked by the road, crying inconsolably next to his Lamborghini.

"Why are you crying?" they ask. "You got the best car of all!"

Wiping away a tear, the first man points down the highway: "I just saw my wife go by on roller skates."

**3. The Radio Recital**

A little boy is proudly learning how to play the violin. He screeches out a terrible, out-of-tune melody, stops, and asks his older brother, "I'm getting really good, aren't I?"

His older brother smiles and says, "You ought to be on the radio."

The little boy’s face lights up. "Wow, do you really think I'm that good?"

"No," the brother replies, "but at least if you were on the radio, I could turn you off."

# SENIORS

## Match the Slang

Match each slang term on the left with its correct meaning on the right.
Write the letter next to each phrase, add one point for every correct answer, and who scores the most points.

| | |
|---|---|
| ____ 1. Bee's knees | A. Acting a little crazy or confused |
| ____ 2. Cat's pajamas | B. Extremely happy or pleased |
| ____ 3. Knee-high to a grasshopper | C. Very young or small |
| ____ 4. Over the hill | D. Calm down and be patient |
| ____ 5. Hold your horses | E. Someone or something that is outstanding |
| ____ 6. Full of baloney | F. Talking casually for fun |
| ____ 7. Happy as a clam | G. Completely untrue or nonsense |
| ____ 8. Chew the fat | H. To go to bed |
| ____ 9. Fly off the handle | I. To get very angry suddenly |
| ____ 10. Nick of time | J. Just barely on time |
| ____ 11. Off your rocker | K. Someone unpredictable |
| ____ 12. Shoot the breeze | L. Someone who is past their prime, old |
| ____ 13. Barking up the wrong tree | M. Poor or having no money |
| ____ 14. That's the ticket | N. Joking or teasing someone |
| ____ 15. Loose cannon | O. Having a friendly conversation |
| ____ 16. Hit the sack | P. In trouble or a difficult situation |
| ____ 17. In a pickle | Q. Making a wrong assumption |
| ____ 18. Pulling your leg | R. That's exactly right |
| ____ 19. A stitch in time | S. Someone or something that is excellent, best |
| ____ 20. Don't have a pot to pee in | T. Preventing a small problem from becoming a big one |

**Total Points: ----------**

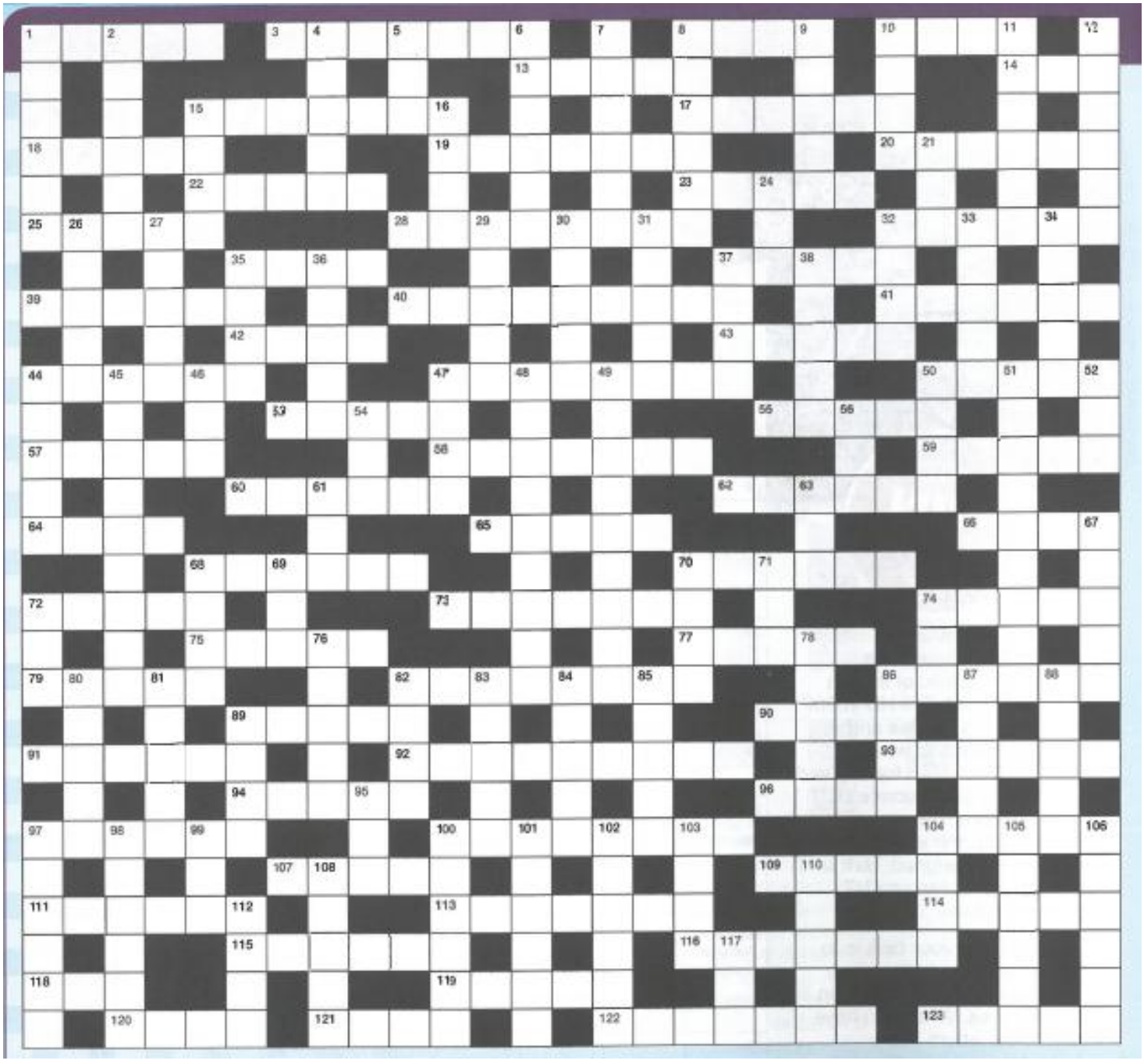
2 SI
PRINT
PER P
DIGITAL
DOWNLOA

# Monthly Quiz

1. What don't Invertebrates have?
2. What is the largest carnivore native to the UK?
3. What is an adult female sheep called?
4. What do you call animals that can live on land and in water?
5. What is the slowest animal in the world?
6. What does a Giant Panda mainly eat?
7. Which animal never sleeps?
8. What are baby goats called?
9. Which land animal has the longest lifespan?
10. What shape is wombat poop?
11. Which bird's eye is bigger than its brain?
12. Where does a dog sweat from?
13. What are male turkeys called?
14. Which flightless bird is from New Zealand?
15. What colour is a hippo's sweat?
16. What is the only mammal that cannot jump?
17. What colour is a polar bear's skin?
18. What reptile is known for the ability to change its body colour?
19. Fireflies are also known by what name?
20. What animal species has the largest eyes?
21. How many hearts does an Octopus have?
22. What baby animal is called a Puggle?
23. What continent is the Capybara native to?
24. What's the name of the largest snake in the world?
25. What is the name of the New York coffee shop in Friends?
26. Which book features twins Tweedledee and Tweedledum?
27. The gong belongs to which section of an orchestra?
28. Who wrote The Jungle Book?
29. What city did The Beatles originate from?
30. How many keys does a classic piano have?

31. Which animated movie does the Art Garfunkel song Bright Eyes come from?
32. What was Sherlock Holmes's address?
33. Jason Bateman plays a money laundering Financial Advisor in which TV show?
34. What decade was the band Aerosmith formed?
35. Who was the first member of The Beatles to be married?
36. In Game of Thrones, who is Joffrey Baratheon's biological father?
37. Captain Kirk was the captain of what Star Trek starship?
38. Alison Hannigan plays Lily in what sitcom?
39. Actor Debbie Reynolds was the mother of which Star Wars Actress?
40. The comedy movie She's The Man is based on which Shakespeare play?
41. Who is the main character in the movie The Raiders Of The Lost Ark?
42. What animal begins each MGM movie?
43. What was the name of Dorothy's dog in Wizard of Oz?
44. What timeloop movie is also an annual celebration held on February 2?
45. Ben Affleck plays which superhero in the movie Justice League?
46. The band Sheik was co-founded by which guitarist?
47. Which movie did Marilyn Monroe sing Diamonds Are a Girl's Best Friend?
48. What is the British equivalent of the Oscars/Academy Awards called?
49. What country are the band ABBA from?
50. In The Simpsons, what is the name of its neighbouring town?
51. What year was Netflix founded?
52. Which comedy duo starred in the 1930s film The Music Box?
53. Who wrote the song I'm a Believer for the Monkees?
54. Who is the only director to be nominated for an Oscar in 6 different decades?
55. What was Disney's first animated feature film?
56. Tuesday Night Music Club was the debut album of which singer?

# Crossword



**ACROSS**

1 Small, suction-footed lizard (5)
3 – Lincoln, civil war president (7)
8 Stylish, in vogue (4)
10 Door handle (4)
13 Islamic Supreme Being (5)
14 Parramatta's NRL mascot (3)
15 Hiccup, obstacle (7)
17 Protective tooth covering (6)
18 Canine breed favoured by Queen Elizabeth II (5)
19 Raise, lift up (7)
20 Animated yellow canary (6)
22 Nairobi's country (5)
23 Foolish, inane (5)
25 Move with a horse's gait (5)
28 Area suitable for a tent (4,4)
32 Australian currency (6)
35 Perform on a sidewalk, often for monetary reward (4)
37 Short and fat (5)
39 Slow tempo, as in music (6)
40 See through to the end (9)
41 Yuletide drink (6)
42 Australian –, tennis championship (4)
43 Leafy vegie mix (5)
44 Group of seven (6)
47 Quadrennial games (8)
50 Moral, principle (5)
53 Rate of movement (5)
55 Concubine's place (5)
57 Lower leg joint (5)
58 Repudiate (7)
59 Mr –, bumbling, myopic cartoon character (5)
60 Plots a ship's course (6)
62 Food larder (6)
64 Mail a letter (4)
65 Halle –, actress (5)
66 Pond surface film (4)
68 Acacia (6)
70 Deer horn (6)
72 Texan battle site (5)
73 Finance inspector (7)
74 Protect, defend (5)
75 Nimble, supple (5)
77 Spicy Indian dish (5)
79 Village leader (5)
82 Lobster (8)
86 Andy –, tennis star (6)
89 Monastery brother (5)
90 China's continent (4)
91 Roman dawn goddess (6)
92 Without symmetry (9)
93 Undead horror movie staple (6)
94 Hitchhiker's digit (5)
96 Funeral fire (4)
97 Computer key that may remove typos (6)
100 Large highlander sword (8)
104 Acceptable (5)
107 Aggressive (colloq) (5)
109 Concur (5)
111 Sagacious, shrewd (6)
113 Reddish purple (7)
114 Scoundrel (5)
115 Storm in a –, great deal of fuss about a trivial matter (6)
116 Domed building (7)
118 Online chuckle (1,1,1)
119 Brilliance of reputation (5)
120 Napoleon's exile isle (4)
121 Back of foot (4)
122 Puts to work (7)
123 – Manilow, singer (5)

**DOWN**

1 Prankster's cry (colloq) (6)
2 Baby-faced angel (6)
4 Youngest Brady boy (5)
5 Winning tennis serve (3)
6 Cosmetics (4-2)
7 Acid neutraliser (6)
8 Camembert, eg (6)
9 Ship of the desert (5)
10 Scottish garment (4)
11 Happened to (6)
12 Sports participant (6)
15 Medieval spear (4)
16 Tableland (4)
21 Doctor –, BBC TV series (3)
24 – Reed, US songwriter (3)
26 Gnat (5)
27 Genuine (colloq) (5)
29 Edible mushroom (5)
30 Water vapour (5)
31 Fountain in Rome (5)
32 Coloured (4)
33 Not weighty (5)
34 Garlic mayonnaise (5)
35 Shoe (4)
36 Snooze (5)
37 Thomas Hardy heroine (4)
38 Thin craft wood (5)
44 Philatelist's collectible (5)
45 Islamabad native (9)
46 Optical organ (3)
47 Gambling chances (4)
48 Day before today (9)
49 Luciano –, tenor (9)
50 TV acting award (4)
51 Tot's mealtime stool (9)
52 Dove sound (3)
54 Make a mistake (3)
56 Decay (3)
61 Picnic pest (3)
63 Nothing, zilch (3)
67 Beer measure (5)
68 Lupine canine (4)
69 Sound of disapproval (3)
70 Curved structure (4)
71 Rocky hill (3)
72 Circle part (3)
74 Wildebeest (3)
76 Japanese poem style (5)
78 Out of practice (5)
80 Hugh Laurie TV drama (5)
81 Run away to wed (5)
82 Small house (4)
83 Fourth month (5)
84 Misty (5)
85 Salvation Army member (5)
86 Labyrinth (4)
87 Cuban dance (5)
88 Legal excuse (5)
89 Kismet, destiny (4)
95 – Ryan, American actress (3)
97 Lethal, dangerous (6)
98 Small, tiny (6)
99 Dynamite (1,1,1)
100 Force to do (6)
101 Lake –, Australia's largest artificial lake (6)
102 60 seconds (6)
103 Lion's bellow (4)
104 Aloe –, soothing plant (4)
105 Lumberjack (6)
106 Drab, dull (6)
108 Grind one's teeth (5)
110 Ostentatious (5)
112 Mount –, Sicilian peak (4)
117 Nocturnal bird (3)

# Sudoku

## Moderate / PUZZLE 32

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 4 | | | | | | 9 |
| | 6 | | 1 | 9 | | | | 4 |
| | | 2 | | | 4 | 6 | 5 | 8 |
| | 5 | | 8 | | | | 1 | 2 |
| | 9 | | 2 | 5 | 1 | | 4 | |
| 2 | 8 | | | | 7 | | 9 | |
| 6 | 7 | 5 | 4 | | | 9 | | |
| 8 | | | | 1 | 5 | | 7 | |
| 1 | | | | | | 2 | | |

# Moderate / PUZZLE 33

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | 8 | | 3 | 5 |
| | 5 | | | 4 | 3 | 9 | | 2 |
| 3 | 1 | 7 | 5 | | | | | |
| | | | 2 | | | 3 | | |
| | 7 | 3 | | 1 | | 5 | 8 | |
| | | 5 | | | 7 | | | |
| | | | | | 5 | 4 | 2 | 9 |
| 5 | | 2 | 9 | 8 | | | 6 | |
| 4 | 9 | | 7 | | | | | |

# Word Search

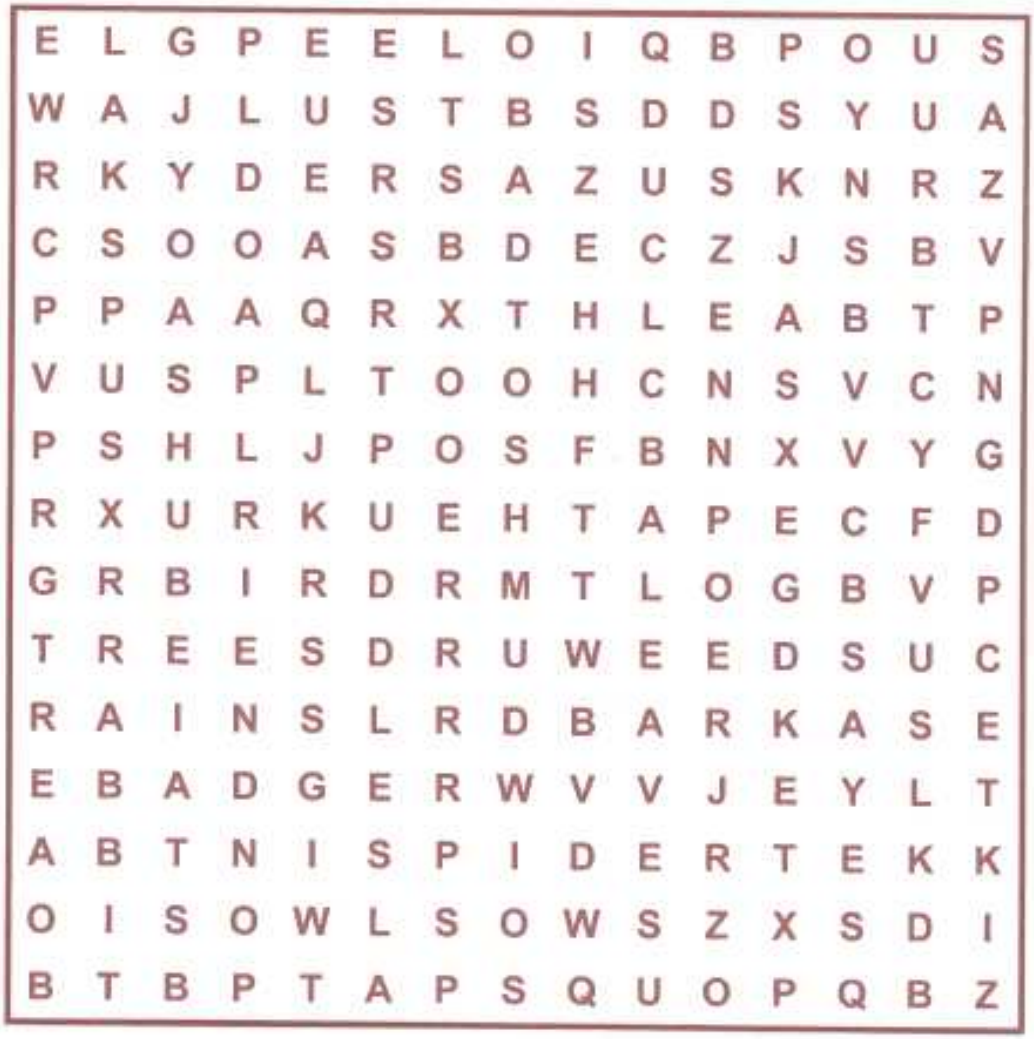
## WORDSEARCH 131

### RHYMES WITH "BITE"

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| G | J | U | Q | O | X | N | P | R | T | Z | I | W | R | L |
| W | W | A | P | S | R | A | U | S | I | K | D | H | N | V |
| S | H | R | W | W | V | R | T | S | P | S | S | V | E | U |
| I | U | W | N | Z | Q | Y | R | X | H | T | R | E | M | Z |
| G | N | S | Q | X | O | S | U | D | O | Y | D | O | K | Q |
| H | Q | A | U | R | Y | E | X | T | U | N | P | Q | H | S |
| T | H | G | I | F | U | S | A | T | A | Z | Y | T | W | S |
| W | R | I | T | E | M | N | U | S | I | V | G | Z | U | V |
| J | B | I | E | F | P | K | Q | F | K | B | Z | N | N | P |
| R | E | S | T | S | R | N | Z | O | L | L | L | Y | E | K |
| U | M | W | P | E | H | I | G | H | L | I | G | H | T | M |
| T | I | G | H | T | K | G | G | S | G | G | G | G | Y | Q |
| S | G | B | R | I | G | H | T | H | N | H | E | H | B | M |
| R | H | U | K | P | T | T | T | L | T | T | K | I | T | E |
| E | T | I | C | S | C | E | T | I | M | S | E | R | H | T |

BLIGHT
BRIGHT
BYTE
CITE
FIGHT
FLIGHT
FRIGHT
HIGHLIGHT
KITE
KNIGHT
MIGHT
QUITE
SIGHT
SMITE
SPITE
SUNLIGHT
TIGHT
TRITE
WHITE
WRITE

# A WALK IN THE WOODS



| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| E | L | G | P | E | E | L | O | I | Q | B | P | O | U | S |
| W | A | J | L | U | S | T | B | S | D | D | S | Y | U | A |
| R | K | Y | D | E | R | S | A | Z | U | S | K | N | R | Z |
| C | S | O | O | A | S | B | D | E | C | Z | J | S | B | V |
| P | P | A | A | Q | R | X | T | H | L | E | A | B | T | P |
| V | U | S | P | L | T | O | O | H | C | N | S | V | C | N |
| P | S | H | L | J | P | O | S | F | B | N | X | V | Y | G |
| R | X | U | R | K | U | E | H | T | A | P | E | C | F | D |
| G | R | B | I | R | D | R | M | T | L | O | G | B | V | P |
| T | R | E | E | S | D | R | U | W | E | E | D | S | U | C |
| R | A | I | N | S | L | R | D | B | A | R | K | A | S | E |
| E | B | A | D | G | E | R | W | V | V | J | E | Y | L | T |
| A | B | T | N | I | S | P | I | D | E | R | T | E | K | K |
| O | I | S | O | W | L | S | O | W | S | Z | X | S | D | I |
| B | T | B | P | T | A | P | S | Q | U | O | P | Q | B | Z |

BADGER
BARK
BENCH
BIRD
DEER
FOX
LEAVES
LOG
MUD
NATURE
OWL
PATH
POND
PUDDLES
RABBIT
RAIN
SPIDER
TREES
TWIGS
WEEDS

# Extra Services Price List

## Valid as at November 2020
## (All prices GST inclusive)

- Meal Delivery — $5.30 per delivery

  If a resident has been in hospital, we happily deliver meals for a 14-day period on the residents return from hospital at no delivery cost. Cost is incurred when meal delivery is required as a once off convenience or as an ongoing service.
- Breakfast Preparation (using resident breakfast supplies) — $5.30 per 5 minutes
- Supply of general groceries as per order sheet available from reception delivered on Tuesday and Friday
- Personal assistance (limited availability) — $5.30 per 5 minutes
- Simple wound dressings/eye drops/etc
  - if service provided at reception — $cost of consumables
- Wound dressings/eye drops/pressure stockings
  – if service provided in resident's unit — $5.30 per 5 minutes + $cost of consumables
- Medication
  - x 2 Daily — $25.00 per week
  - x 3 Daily — $35.00 per week
- Cleaning — This is a general service of up to 1 hour and includes:
  - Wipe down of kitchen benches and doors
  - Cleaning of toilet, vanity and shower
  - Mopping of all hard floor surfaces
  - Vacuuming of carpets

  — $35.00 per hour
- Laundry – including 2 x sheets, 2 x pillowcases, 2 x towels, a bathmat, hand towels and face washers 2 x tea towels (no personal items) — $20 per load
- Laundry – washing of items as described above plus bed remake — $25 per load
- Ironing — $35 per hour
- Maintenance Services — $45 per hour
- Non-urgent Emergency calls (Emergency call for a non-medical emergency) — $20.00
- After hours call outs after 9pm (eg to open a door) — $20 + $5.30 per 5 mins
- Replacement Emergency call pendant — $220
- Replacement Proximity key — $20
- Replacement Car Park Remote — $90
- Bus trips in Village bus for short excursions — From $5 pp

# RESTAURANT PRICE LIST

**AS OF NOVEMBER 2020**

**(All prices GST inclusive)**

**Monday-Friday**

| | Resident | Guest |
|---|---|---|
| Lunch- 2 course | $17.00 | $20.00 |
| Dinner- 3 course | $20.00 | $25.00 |

10 or more weekday lunches per month $15.00

**Saturday**

| | Resident | Guest |
|---|---|---|
| Lunch- 2 course | $18.00 | $21.00 |
| Dinner- 3 course | $21.00 | $26.00 |

**Sunday**

| | Resident | Guest |
|---|---|---|
| Lunch- 3 course | $21.00 | $26.00 |
| Dinner- 2 course | $18.00 | $21.00 |

**Takeaway Meals**

| | |
|---|---|
| Entrée | $9.00 |
| Main course | $14.00 |
| Salad | $10.00 |
| Sweet | $5.00 |
| Sandwich | $6.50 |
| Soup | $8.00 |
| Delivery | $5.30 per Tray |

**Cancellation Policy**

All meals must be booked or cancelled with a minimum of 24 hours notice or meal cost will be charged.

# BOUGAINVILLEA RETIREMENT VILLAGE

## RESTAURANT PRICE LIST
## AS OF 1ST NOVEMBER 2026
**(All prices GST inclusive)**

### Monday to Friday

| | Resident | Guest |
|---|---|---|
| 2 Course Lunch | $19.00 | $22.00 |
| 3 Course Dinner | $22.00 | $27.00 |

10 or more weekday lunches per month $17.00

### Saturday

| | Resident | Guest |
|---|---|---|
| 2 Course Lunch | $20.00 | $23.00 |
| 3 Course Dinner | $23.00 | $28.00 |

### Sunday

| | Resident | Guest |
|---|---|---|
| 3 Course Lunch | $23.00 | $28.00 |
| 2 Course Dinner | $20.00 | $23.00 |

### Takeaway Meals

| | |
|---|---|
| Entrée | $11.00 |
| Main Course | $16.00 |
| Salad | $12.00 |
| Desert | $7.00 |
| Sandwich | $8.50 |
| Soup with bread | $10.00 |

**Delivery** $6.00 per tray

***Cancellation Policy***

*All meals must be booked or cancelled with a minimum of 24 hours' notice or meal cost will be charged.*

*Thank you for your assistance.*

# October in the Village

| Monday | Tuesday | Wednesday |
|---|---|---|
| **Shopping opportunity**<br>**Activity**<br>**Outing**<br>**Church event**<br>**Entertainment/ social** | | |
| **5 Public Holiday** | **6**<br>Exercise Class 10 & 11:15am<br>Men's Lunch 1pm<br>Rummikub 2pm | **7**<br>Scrabble 2pm<br>Bridge Group 2pm<br>Yoga 4:00pm |
| **12**<br>Bus to Balmoral 11am<br>Discussion Group 3:30pm<br>Bingo 7:30pm | **13**<br>Exercise Class 10 & 11:15am<br>Rummikub 2pm | **14**<br>Stanton Library<br>Scrabble 2pm<br>Bridge Group 2pm<br>Yoga 4:00pm |
| **19**<br>Bingo 7:30pm | **20**<br>Exercise Class 10 & 11:15am<br>Rummikub 2pm | **21**<br>**Outing to FlowerPower Glenhaven dep 11:30am**<br>Scrabble 2pm<br>Bridge Group 2pm<br>Yoga 4:00pm |
| **26**<br>Bingo 7:30pm | **27**<br>Exercise Class 10 & 11:15am<br>Rummikub 2pm | **28**<br>Scrabble 2pm<br>Bridge Group 2pm<br>Yoga 4:00pm<br>Trivia Night 7pm |

| Thursday | Friday | Saturday | Sunday |
|---|---|---|---|
| **1**<br>Hairdresser<br>Shopping bus (B) departs 9:30am<br>Snooker 2pm<br>BV Singers 4pm<br>Meditation 6:30pm | **2**<br>Shuffleboard 10:30am<br>Knitting 2:00pm<br>Friday Movie 7:30pm | **3**<br>Bridge Group 2pm<br>Happy Hour 4:30 - 6pm | **4**<br>Scrabble 2pm |
| **8**<br>Hairdresser<br>Shopping bus (W) departs 9:30am<br>Snooker 2pm<br>Birthdays 2:30pm<br>BV Singers 4pm<br>Meditation 6:30pm | **9**<br>Shuffleboard 10:30am<br>Knitting 2:00pm<br>Friday Movie 7:30pm | **10**<br>Bridge Group 2pm<br>Happy Hour 4:30 - 6pm | **11**<br>Scrabble 2pm<br>St Peters Church service 2:30pm |
| **15**<br>Hairdresser<br>Shopping bus (C) departs 9:30am<br>Book Club 2pm<br>Snooker 2pm<br>BV Singers 4pm<br>Meditation 6:30pm | **16**<br>Shuffleboard 10:30am<br>Knitting 2:00pm<br>Friday Movie 7:30pm | **17**<br>Bridge Group 2pm<br>Happy Hour 4:30 - 6pm | **18**<br>Scrabble 2pm |
| **22**<br>Hairdresser<br>Shopping bus (B) departs 1:30pm<br>Snooker 2pm<br>BV Singers 4pm<br>Meditation 6:30pm | **23**<br>Shuffleboard 10:30am<br>Knitting 2:00pm<br>Friday Movie 7:30pm | **24**<br>Bridge Group 2pm<br>Happy Hour 4:30 - 6pm | **25**<br>Scrabble 2pm |
| **29**<br>Hairdresser<br>Shopping bus (W) departs 9:30am<br>Snooker 2pm<br>BV Singers 4pm<br>Meditation 6:30pm | **30**<br>Shuffleboard 10:30am<br>Knitting 2:00pm<br>Friday Movie 7:30pm | **31**<br>Tai Chi 1pm<br>Bridge Group 2pm<br>Happy Hour 4:30 - 6pm | |

# BOUGAINVILLEA SHOPPING ORDER LIST

For Tuesday Delivery Return to Reception by 2.30pm Sunday

For Friday Delivery Return to Reception by 2.30pm Wednesday

**Delivery Cost - $5.30**

| CEREAL | Price | Qty | Total |
|---|---|---|---|
| JUST RIGHT 35g | $1.00 | | |
| SUSTAIN 45g | $1.00 | | |
| SPECIAL K 30g | $1.00 | | |
| SULTANA BRAN 40g | $1.00 | | |
| WEET BIX 30g | $1.00 | | |
| INSTANT OATS 40g | $1.00 | | |
| ALL BRAN 40g | $1.00 | | |

| BREAD | Price | Qty | Total |
|---|---|---|---|
| 8 Slices per Serve | | | |
| WHOLEMEAL | $2.40 | | |
| MULTIGRAIN | $2.40 | | |
| WHITE | $2.40 | | |

| DRINKS | Price | Qty | Total |
|---|---|---|---|
| COFFEE Nescafe100g | $6.50 | | |
| TEA BAGS (lot of 20) | $2.50 | | |
| SUGAR Raw 250G | $2.00 | | |

| FRUIT | Price | Qty | Total |
|---|---|---|---|
| ORANGES | Seasonal Prices | | |
| BANANAS | | | |
| APPLES | | | |
| PRUNES 200g | $3.25 | | |

| MILK/DAIRY | Price | Qty | Total |
|---|---|---|---|
| WHITE 1LTR | $2.40 | | |
| LITE 1 LTR | $2.60 | | |
| BUTTER 250g | $4.50 | | |
| MARGARINE 250g | $2.70 | | |
| CHEESE SLICES (4) | $2.00 | | |

| YOGHURT | Price | Qty | Total |
|---|---|---|---|
| RASPBERRY 175g | $2.00 | | |
| STRAWBERRY 175g | $2.00 | | |
| VANILLA 175g | $2.00 | | |
| MANGO 175g | $2.00 | | |

| BEVERAGES | Price | Qty | Total |
|---|---|---|---|
| ORANGE JUICE 300ml | $1.70 | | |
| APPLE JUICE 300ml | $1.70 | | |
| PINEAPPLE JUICE 300ml | $1.70 | | |
| SUSTAGEN VAN 250ml | $2.30 | | |
| SUSTAGEN CHOC 250ml | $2.30 | | |

| SPREADS | Price | Qty | Total |
|---|---|---|---|
| VEGEMITE 220g | $4.70 | | |
| PEANUT BUTTER Smooth 375g | $4.70 | | |
| HONEY 500g | $6.20 | | |
| **JAM** | | | |
| RASPBERRY 500g | $3.60 | | |
| STRAWBERRY 500g | $3.60 | | |
| MARMALADE 500g | $3.60 | | |
| APRICOT 500g | $3.60 | | |

| FRUIT PACKS | Price | Qty | Total |
|---|---|---|---|
| PEACHES 140g | $1.50 | | |
| PEARS 140g | $1.50 | | |
| 2 FRUIT 140g | $1.50 | | |
| FRUIT SALAD 140g | $1.50 | | |

| | |
|---|---|
| **Food Total** | |
| **Plus packing and Delivery Fee** | $5.30 |
| **TOTAL DUE** | |

**Please note: if you submit your order sheet late you may not get your exact requirements.**

**Sometimes our suppliers are out of stock of items so we will substitute or withhold item.**

# Puzzle & Quiz Solutions

**ACROSS:** 1 Gecko, 3 Abraham, 8 Chic, 10 Knob, 13 Allah, 14 Eel, 15 Problem, 17 Enamel, 18 Corgi, 19 Elevate, 20 Tweety, 22 Kenya, 23 Silly, 25 Amble, 28 Camp site, 32 Dollar, 35 Busk, 37 Tubby, 39 Adagio, 40 Persevere, 41 Eggnog, 42 Open, 43 Salad, 44 Septet, 47 Olympics, 50 Ethic, 53 Speed, 55 Harem, 57 Ankle, 58 Disavow, 59 Magoo, 60 Charts, 62 Pantry, 64 Post, 65 Berry, 66 Scum, 68 Wattle, 70 Antler, 72 Alamo, 73 Auditor, 74 Guard, 75 Lithe, 77 Curry, 79 Chief, 82 Crayfish, 86 Murray, 89 Friar, 90 Asia, 91 Aurora, 92 Irregular, 93 Zombie, 94 Thumb, 96 Pyre, 97 Delete, 100 Claymore, 104 Valid, 107 Aggro, 109 Agree, 111 Astute, 113 Magenta, 114 Rogue, 115 Teacup, 116 Rotunda, 118 LOL, 119 Eclat, 120 Elba, 121 Heel, 122 Employs, 123 Barry.

**DOWN:** 1 Gotcha, 2 Cherub, 4 Bobby, 5 Ace, 6 Make-up, 7 Alkali, 8 Cheese, 9 Camel, 10 Kilt, 11 Befell, 12 Player, 15 Pike, 16 Mesa, 21 *Who*, 24 Lou, 26 Midge, 27 Legit, 29 Morel, 30 Steam, 31 Trevi, 32 Dyed, 33 Light, 34 Aioli, 35 Boot, 36 Sleep, 37 Tess, 38 Balsa, 44 Stamp, 45 Pakistani, 46 Eye, 47 Odds, 48 Yesterday, 49 Pavarotti, 50 Emmy, 51 Highchair, 52 Coo, 54 Ear, 56 Rot, 61 Ant, 63 Nil, 67 Middy, 68 Wolf, 69 Tut, 70 Arch, 71 Tor, 72 Arc, 74 Gnu, 76 Haiku, 78 Rusty, 80 *House*, 81 Elope, 82 Crib, 83 April, 84 Foggy, 85 Salvo, 86 Maze, 87 Rumba, 88 Alibi, 89 Fate, 95 Meg, 97 Deadly, 98 Little, 99 TNT, 100 Compel, 101 Argyle, 102 Minute, 103 Roar, 104 Vera, 105 Logger, 106 Dreary, 108 Gnash, 110 Gaudy, 112 Etna, 117 Owl.

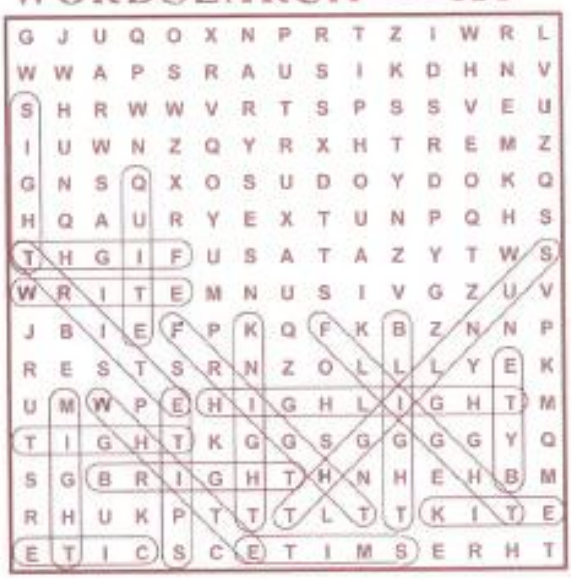
| 7 | 3 | 4 | 5 | 8 | 6 | 1 | 2 | 9 |
|---|---|---|---|---|---|---|---|---|
| 5 | 6 | 8 | 1 | 9 | 2 | 7 | 3 | 4 |
| 9 | 1 | 2 | 7 | 3 | 4 | 6 | 5 | 8 |
| 4 | 5 | 7 | 8 | 6 | 9 | 3 | 1 | 2 |
| 3 | 9 | 6 | 2 | 5 | 1 | 8 | 4 | 7 |
| 2 | 8 | 1 | 3 | 4 | 7 | 5 | 9 | 6 |
| 6 | 7 | 5 | 4 | 2 | 3 | 9 | 8 | 1 |
| 8 | 2 | 9 | 6 | 1 | 5 | 4 | 7 | 3 |
| 1 | 4 | 3 | 9 | 7 | 8 | 2 | 6 | 5 |

**Moderate** / PUZZLE 32

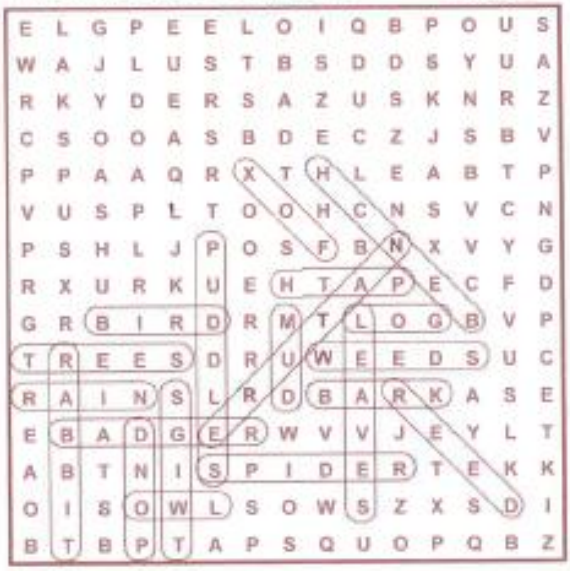
| 9 | 2 | 4 | 6 | 7 | 8 | 1 | 3 | 5 |
|---|---|---|---|---|---|---|---|---|
| 6 | 5 | 8 | 1 | 4 | 3 | 9 | 7 | 2 |
| 3 | 1 | 7 | 5 | 9 | 2 | 6 | 4 | 8 |
| 8 | 4 | 9 | 2 | 5 | 6 | 3 | 1 | 7 |
| 2 | 7 | 3 | 4 | 1 | 9 | 5 | 8 | 6 |
| 1 | 6 | 5 | 8 | 3 | 7 | 2 | 9 | 4 |
| 7 | 8 | 1 | 3 | 6 | 5 | 4 | 2 | 9 |
| 5 | 3 | 2 | 9 | 8 | 4 | 7 | 6 | 1 |
| 4 | 9 | 6 | 7 | 2 | 1 | 8 | 5 | 3 |

**Moderate** / PUZZLE 33

## WORDSEARCH 131




## WORDSEARCH 132



# Quiz Answers

1. A backbone.
2. The Badger
3. A Ewe
4. Amphibians
5. Three-toed Sloth
6. Bamboo shoots and leaves
7. An American bullfrog
8. Kids
9. St. Helena tortoise
10. Square / cubed
11. Ostriches
12. Paw pads
13. Gobblers
14. The Kiwi
15. Reddish / Pink
16. Elephants
17. Black
18. chameleon
19. Lightning bugs
20. Colossal squid
21. Three
22. Platypuses and echidnas
23. South America
24. Anaconda
25. Central Perk
26. Through the Looking-Glass and What Alice Found There
27. Percussion
28. Rudyard Kipling

29. Liverpool
30. 88
31. Watership Down
32. 221b Baker Street, London
33. Ozark
34. 1970s
35. John Lennon
36. Jamie Lannister
37. USS Enterprise.
38. How I Met Your Mother
39. Carrie Fisher
40. Twelfth Night
41. Indiana Jones
42. Lion
43. Toto
44. Groundhog Day
45. Batman
46. Nile Rodgers
47. Gentlemen Prefer Blondes
48. The BAFTAs (British Academy of Film and Television Arts)
49. Sweden
50. Shelbyville
51. 1997
52. Laurel & Hardy
53. Neil Diamond
54. Steven Spielberg
55. Snow White and the Seven Dwarfs
56. Sheryl Crow

BOUGAINVILLEA

# *'YOUR OPINION COUNTS' FORM'*

❑ Comment ❑ Compliment ❑ Complaint ❑ Suggestion/Improvement
*(Please tick appropriate box)*

THIS SECTION TO BE COMPLETED BY PERSON MAKING COMMENT

Please detail below what you have identified as an issue or what you would like to tell us.

_____

_____

_____

_____

_____

_____

_____

What are your suggestions or ideas *(if any)* for dealing with your concerns or to make an improvement?

_____

_____

_____

*(Name and unit number optional)*
Date: Name: Property No:

THANK YOU FOR TAKING THE TIME TO COMPLETE THIS FORM

THIS SECTION TO BE COMPLETED BY MANAGEMENT

Possible Solutions:

_____

_____

_____

| *Date* | *Action Taken/Response* | *Person Responsible* | *Timeframe* |
|---|---|---|---|
| | | | |